

What you need to know about MONKEYPOX

Monkeypox is rare and typically does not spread easily between people without **close contact**.

WHAT IS MONKEYPOX

Monkeypox is a viral infection transmitted through close, personal contact, including kissing, sex, and other skin-to-skin or face-to-face contact. Fatality during the current outbreak is estimated to be very low.

WHAT ARE THE SYMPTOMS

KEY SYMPTOM



RASH, BUMPS, OR BLISTERS

These may appear anywhere on the body, including the genitals. This may look similar to syphilis, herpes, or other common skin rashes.

OTHER SYMPTOMS



FEVER & HEADACHES



MUSCLE ACHES



SWOLLEN LYMPH NODES

WHAT CAN YOU DO?



STAY INFORMED

Remain calm. This is a rapidly changing situation. Visit the CDC website for up-to-date guidance.



CONTACT

If you have symptoms, call (do not visit) your health care provider, and ask about testing.



ISOLATE

If you have symptoms, stay at home, wear a mask, and cover lesions to protect others.

Reduce your
RISK

ANYONE CAN GET MONKEYPOX

Data currently shows transmission is higher among people in close sexual networks. However, anyone in close contact, such as skin-to-skin or face-to-face, may get the infection.

Reduce your risk, stay safe, and be healthy.

If you have symptoms, please call The Family Health Centers at (828) 258-8681 to ask about testing. Please do not visit any office location.

All patients presenting with a rash or anal pain will be referred to The Family Health Centers Respiratory Clinic, or to a Telehealth Visit.

