

# What you need to know about **MONKEYPOX**

Monkeypox is rare and typically does not spread easily between people without **close contact**.

## WHAT IS MONKEYPOX

Monkeypox is a viral infection transmitted through close, personal contact, including kissing, sex, and other skin-to-skin or face-to-face contact. Fatality during the current out break is estimated to be very low.

## WHAT ARE THE SYMPTOMS

### KEY SYMPTOM



#### **RASH, BUMPS, OR BLISTERS**

These may appear anywhere on the body, including the genitals. This may look similar to syphilis, herpes, or other common skin rashes.

### OTHER SYMPTOMS



#### **FEVER & HEADACHES**



#### **MUSCLE ACHES**



#### **SWOLLEN LYMPH NODES**

## WHAT CAN YOU DO?



#### **STAY INFORMED**

Remain calm. This is a rapidly changing situation. Visit the CDC website for up-to-date guidance.



#### **CONTACT**

If you have symptoms, call (do not visit) your health care provider, and ask about testing.



#### **ISOLATE**

If you have symptoms, stay at home, wear a mask, and cover lesions to protect others.



## ANYONE CAN GET MONKEYPOX

Data currently shows transmission is higher among people in close sexual networks. However, anyone in close contact, such as skin-to-skin or face-to-face, may get the infection.

**Reduce your risk, stay safe, and be healthy.**

**If you have symptoms, please call The Family Health Centers at (828) 258-8681 to ask about testing. Please do not visit any office location.**

**All patients presenting with a rash or anal pain will be referred to The Family Health Centers Respiratory Clinic, or to a Telehealth Visit.**



**THE  
FAMILY HEALTH  
CENTERS**

ASHEVILLE | ARDEN | HOMINY VALLEY